

## 1. PACKING LIST

- a. Sleeping bag or warm blankets
- b. Bibles, pens/pencils/journals. (These will also be provided)
- c. Pillow (s)
- d. Twin size fitted sheet
- e. Towel for showers
- f. Towel for pool
- g. Snacks for bunks
- h. Bathing Suit (**modest one piece for girls**) retreat center has a dress code for pool girls must have a one piece bathing suit **no bikinis!**
- i. Toiletries (toothbrush, towels, blankets, pillows, deodorant)
- j. Undergarments and clothing for at least three days. PJ's for two nights!
- k. Reusable water bottle
- l. Bug spray

## 2. BUNKING (SEE VIDEO)

- a. **GIRLS:** One large room with multiple bunks! Leaders will be in separate bunks overseeing the kids.
- b. **BOYS:** One large room with multiple bunks! Leaders will be in separate bunks overseeing the kids

## 3. DEPARTURE / ARRIVAL TIMES

- a. **Friday (DROP OFF):** 3:30PM at Teen Center | 139 White Oak Lane
- b. **Sunday (PICK UP):** 2:30PM Back parking lot 123 White Oak Lane

## 4. DIETARY RESTRICTIONS

- a. **SEE MENU AT <https://refreshingmountain.com/>**

## 5. SNACKS FROM HOME:

- a. Students are welcome to bring snacks to enjoy on the ride. Snacks need to be kept wrapped up in the bunks. Food should be allergy friendly especially if they are shared with friends or in close proximity like the bunks or buses!

## 6. CELL PHONES / TABLETS / COMPUTER

- a. In short, don't bring them. Retreats are a time to unplug and connect with the Lord and with one another, and cell phones/electronic devices can be a major disruption and distraction.
- b. **ALL CELLPHONES WILL BE TAKEN** for the duration of the retreat, and students can have them back on the bus ride home.
- c. End of night calls to parents will be permitted
- d. **We encourage parents to utilize the ICE card if any problems / questions arise throughout the retreat**

## 7. ICE CONTACT

- a. Emergency contact information will be provided on the day of retreat. This will have the contact number for a guy leader, girl leader and the main leader of the group!

## 8. DRESS CODE:

- a. Swimsuits must be modest one-pieces for girls. If a girl is wearing a swimsuit deemed as inappropriate by female leaders will be given a darkly colored t-shirt to wear over their bathing suit.
- b. Dress for the weather! Sweatshirts might cause overheating so you may or may not have ice water

dumped all over you if you have a sweatshirt on...be warned!

## **9. WHAT IF MY CHILD TAKES MEDICATIONS?**

- a. **UPON SIGN UP / DROP OFF** When you sign up your child there is a medication section, please take the time to communicate the needed information with regards to how to administer medication if needed when you drop off your child.

## **10. WHO DO I CONTACT FOR MEDICAL EMERGENCIES?**

- a. You can contact Fabio and Karina Suero Solier at 787 396 2616 or 787 396 3237! We should be made aware of any serious medical condition prior to the retreat! Also feel free to email [ntomasso@ccob.org](mailto:ntomasso@ccob.org) before the retreat. Fabio, Karina and myself will also be monitoring medical conditions and situations that may arise during the retreat. We will address situations and communicate with parents if an incident does occur so feel free to save those numbers!

## **11. WHAT IF MY CHILD FORGETS SOMETHING?**

- a. Additional toiletries (toothbrush, towels, blankets, pillows, deodorant) are always available
- b. Our leaders are always willing to go for a walmart run in a desperate situation

## **12. CAN I SEND MY CHILD TO A RETREAT / HOME WITH SOMEONE OTHER THAN ME?**

- a. **PLEASE** If drop off is going to be someone other than parents / legal guardians NOTE that there is a medical form that is needed to be filled out as well as ICE Contact Card for the retreat weekend

- i. **PLEASE** let our leadership team know ASAP
- b. **PLEASE** If parents / legal guardians are not picking up your child on Sunday please let our leadership team know ASAP

### **13. CAN YOU ENSURE MY CHILD GETS TO ROOM WITH EVERYONE THEY WANT TO?**

- a. **NO** While it is likely your child will be able to bunk with a friend or close to a group of friends it is not guaranteed! However, the bunking is communal so there will be plenty of times to pal around with close friends!

### **14. WHAT ARE THE OVERALL RULES / DISCIPLINARY MEASURES IF RULES AREN'T FOLLOWED?**

- a. **Great Question.** We seek to use retreats and Ignite in general as teaching grounds for “keeping the unity of the brethren.” Our heart is to teach how to be unified and to model unity within the body to our Igniters.
- b. **BELOW ARE THE RULES WE SHARE WITH STUDENTS:**
  - i. Show respect to your leaders
  - ii. Stay within the boundaries of the camp ground
  - iii. No phones, no problems
  - iv. No pranking other students
  - v. Be on time for every teaching
  - vi. During freetimes guys cannot be found alone with girls, girls cannot be found alone with boys
  - vii. Be a good listener to the Holy Spirit
  - viii. Try to talk to new people, **DON'T BE CLICKY**
- c. **BREAKING OF THESE RULES** both directly or indirectly leads to a series of prayer, phone calls, and talking with the students / parents / senior leadership carrying out **MATTHEW 18** to determine the best next steps

- d. **OUR GOAL IS FOR ALL THE STUDENTS TO FOR THE FIRST TIME / RENEWING TIME MEET WITH JESUS** and with that we reserve the right to send students home if the rules are broken and there isn't any sign of a repentance
- i. This is always hard to determine in a short amount of time and so the first thing we as a leadership team do is **PRAY**
  - ii. Another measure taken is working directly with parents especially if there is a serious offense and a decision to send a student home is being considered.

## **15. HOW TO BE PRAYING FOR THE RETREAT**

- Students to for the first time hear from God
- Realizations that distraction free lives yield clarity from God
- Friendship with God and new people is possible
- Community can be found through followers of Jesus
- Truth meeting the lies middle schoolers are believing
- Students responding to the Holy Spirit pursuing them by trusting in Jesus and making Him Lord and Savior
- Igniters growing in their understanding and practice of unity within the body of Christ